

e-Newsletter

The Official Newsletter of the
Indian Society of
Neuroanaesthesiology
and Critical Care



ISNACC e-News

April 2026

Welcome

Governing Council

President



Dr. Prasanna Bidkar
Pondicherry

President-Elect



Brig Dr Rahul Yadav
Ferozepur

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New Delhi

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Dr. M. Radhakrishnan
Bengaluru

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Dr. K. Sriganesh
Bengaluru

Editor-In-Chief



Dr. Girija Prasad Rath
New Delhi

Immediate Past President



Dr. Pragati Ganjoo
New Delhi



welcome

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Bengaluru



Dr Sarika Juneja
New Delhi



Dr Shiv Lal Soni
Chandigarh



Dr Ninad Sunil Dhokte
Aurangabad



Members



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President's Message



**Prasanna Udipi Bidkar, DM
JIPMER, Puducherry**

Dear Esteemed Members, Colleagues, and Friends,

It is with great humility, gratitude, and a deep sense of responsibility that I assume the office of President of the Indian Society of Neuroanaesthesiology and Critical Care (ISNACC). I sincerely thank each one of you for the trust and confidence you have placed in me and for the opportunity to serve our distinguished society.

My initial association with Neuroanaesthesia takes me back to fond memories of ISNACC 2004 at NIMHANS, Bengaluru which fostered my interest and passion in our field. Over the years, working with and learning from inspiring mentors and dedicated colleagues have deepened the understanding of our society's mission and reinforced my commitment to serving every member with dedication and integrity.

Our vision must be to further enrich our academic initiatives, expand training opportunities, and promote collaborative, multicentric research. Special emphasis will be placed on nurturing young professionals, encouraging mentorship, and facilitating equitable access to quality educational resources across institutions and regions.

ISNACC has evolved into a vibrant academic and professional body and plays a pivotal role in advancing standards of care, promoting research, and strengthening education in Neuroanaesthesiology and Neurocritical care across the country.

While building on the strong legacy of our senior leaders, I also look forward to working closely with the younger brigade of neuroanaesthesiologists and neurointensivists, whose energy, innovation, and commitment will be vital in shaping the future of our society. We will continue to cultivate as well as explore further, the strong collaborations with leading International and Indian societies related to Neuroanaesthesiology and Neurocritical Care to enhance academic exchange, promote joint educational and research activities.

Interdisciplinary collaboration, ethical practice, and evidence-based medicine will continue to guide our efforts while we remain adaptive, innovative and united. It is imperative that every member of society actively engage with society's programs, share ideas, and contribute to our collective growth.

I look forward to working closely with the Executive Committee, the Governing Council, and regional representatives to enhance member engagement, strengthen outreach, and ensure transparency and inclusivity across all our endeavours.

Together, let us reaffirm our commitment to excellence in patient care, academic advancement, and professional integrity. With your continued support and participation, I am confident that ISNACC will scale greater heights in the years to come.

I wish you all continued professional success, personal well-being, and fulfilment in your service to patients and society.

LONG LIVE ISNACC!!



SECRETARIAT'S DESK



**Radhakrishnan M, MD, DM
NIMHANS, Bengaluru
Secretary**



**Sriganesh K, MD, DM
NIMHANS, Bengaluru
Treasurer**

Dear Esteemed Members,

We hope this message finds you well.

The Secretariat has stepped into its second year and is working to fulfil its promises. The e-education videos are now available online without an embargo. However, these are restricted to life members. We observe great enthusiasm among the members, both students and practitioners, in attending this educational program. We thank the team overseeing this program. We see interest among institutions keen to apply for ISNACC-accredited PDF programs. This shows their trust in our academic program and the credit goes to the Academy (A-NANC). The mock exams held before the exams were well-received and appreciated by the PDF candidates. We welcome Dr Smita Vimala, Professor, SCTIMST, as the new Associate Dean-Examination into the ANANC. The membership application process is completely online.

The website is being upgraded and will be fully functional in the next few months. The Secretariat plans to meet with the executive committee members of ASNACC and sign an MoU to strengthen our academic collaboration and research activities. The various committees have taken over the charge and are actively working to improve this society's functioning and increase its visibility in the global community.

The ISNACC annual conference concluded successfully in January 2026 at AIIMS, Nagpur. Congratulations to the entire organising team. The next annual ISNACC conference will be held in Bhubaneswar. I request that life members actively participate in large numbers and make this conference a success.

The General Body of ISNACC, at the annual conference, approved certain changes to further strengthen ISNACC's financial health. Accordingly, the life membership fees are revised to Rs 10,000, the accreditation fees to Rs 70,000, the reaccreditation fees to Rs 35,000, and the admission fees to Rs 15,000. The contribution from the ISNACC conference and the PDF inspection honorarium are also revised. This will help sustain the existing and expanding new ISNACC programmes well. Six travel grants, 3 research grants, 1 CME grant were provided to members for 2025.

This October 4, ISNACC will complete 25 years of society registration. We welcome ideas and suggestions to celebrate this milestone.

We extend my heartfelt thanks to each member for your unwavering support and involvement. Your contributions are invaluable, and we look forward to growth and collaboration.

Long Live ISNACC!!!

EDITOR'S DESK

Dear ISNACC Members



Kiran Jangra, MD, DM, A-FAMS
PGIMER, Chandigarh

As I conclude my tenure as Editor-in-Chief of the ISNACC eNewsletter, I take this opportunity to express my sincere gratitude to all ISNACC members for their continued support, encouragement, and contributions.

I am especially thankful to the ISNACC Secretariat and the dedicated eNewsletter team whose consistent efforts have been instrumental in maintaining the quality and impact of our publication.

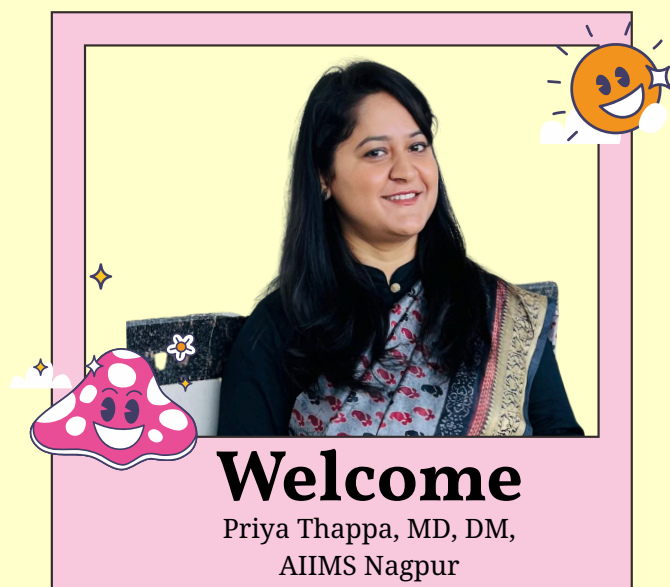
It has been a privilege to serve this vibrant academic community, and I am confident that the eNewsletter will continue to grow in strength and reach.

I also extend my best wishes to **Navneh Samagh**, who will be taking over as the next **Editor-in-Chief**. **She and her team had worked hard to bring out this edition.** I am certain that under their leadership, the eNewsletter will achieve new milestones.



Navneh Samagh, MD, DM
AIIMS Bathinda

I am pleased to welcome **Dr Priya Thappa** to the team as a new member, whose creativity and enthusiasm will undoubtedly enrich future editions.



Welcome

Priya Thappa, MD, DM,
AIIMS Nagpur

Wishing the entire team, Navneh Samagh, Sangeetha RP, and Priya Thappa, for continued success in all future endeavors.

Best Wishes



ISNACC 2026: Where the Brain Met the Bots

AIIMS Nagpur had transformed into a hub of high-powered thinking during 23rd January- 26th January, 2026 as over 350 neuroenthusiasts gathered for ISNACC 2026. The theme — “Brain, Bots and Beyond: Forging Neuroanaesthesia for Tomorrow” — wasn’t just a tagline; it was a mission statement.



**Priya Thappa DM
AIIMS Nagpur**

The organising committee of AIIMS, Nagpur, was led by Dr Gajanan Chavan (Organising Chairperson) and comprised Dr Ashutosh Kumar (Organising Secretary), Co-organising Secretaries Dr Priya Thappa and Dr Chayanika Kutum, and Dr Mangesh Mulaokar (Treasurer). Dr Revanth Challa and Dr Prachi Wankhede (Workshop Coordinators).



TCD & Brain Ultrasound



MM Neuromonitoring



Neurostrike



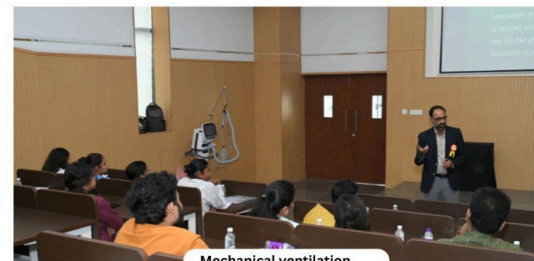
POCUS



Braintest certification



MIPS



Mechanical ventilation

A: Report of ISNACC 2026

Day Zero: Hands On, Minds On

Before the formal sessions began, the action started in the workshops. Seven parallel pre-conference programs ensured delegates weren't just passive listeners but active learners. From ultrasound-guided techniques and transcranial Doppler to multimodal neuromonitoring and mechanical ventilation strategies, the focus was unapologetically practical. The cadaveric MIPS workshop brought anatomical precision to life, while NeuroStrike introduced participants to the intricacies of neuro-interventional procedures. The Brain Death Certification Course, endorsed by the Indian Society of organ transplantation, tackled the ethical and legal complexities of organ donation.

Day 1: Back to the Basics

The scientific sessions were formally flagged off by Dr. Prasanna Bidkar, setting an energetic tone for what followed. The opening discussions revisited core neuroscience: cerebral blood flow, synaptic signaling, frailty in aging brains, and the evolving understanding of anesthetic depth. The cerebrovascular segment dissected subarachnoid hemorrhage management and strategies to combat delayed cerebral ischemia. International voices – Dr. Tumul Choudhary and Dr. Michael Dinsmore, added depth to discussions on blood pressure targets and neuroprotection. The stroke symposium brought the focus home, highlighting rapid response systems and early detection strategies in the Indian context.



Day 1: Back to the Basics

One of the emotional high points was the oration tracing anesthesia's journey from ether to total intravenous techniques -a narrative of innovation, mentorship, and institutional growth that reminded everyone how far the specialty has traveled.

Perhaps most striking was the recurring emphasis on “dignity beyond survival” -an acknowledgment that neurological care must prioritize meaningful recovery, not just physiological stabilization. The evening cultural program provided a welcome shift from cortical to sound waves, celebrating Nagpur's vibrant spirit and the organizing team's hidden talents.



Day 2: Precision Over Protocol

The popular “How I Do It” talks offered concise, experience-driven pearls. A comprehensive pediatric segment explored ethics, immunonutrition, early feeding strategies, and long-term disorders of consciousness, emphasizing that neuroanaesthesia spans infancy to old age. Panel on perioperative brain health and cognitive preservation reflected an important shift in global thinking.

Academic vibrancy continued with consultant and trainee paper presentations, culminating in the energetic “**NeuroBoard Nexus**” quiz, organised by the Quizmasters (Dr Swati Chabra, Dr Kaustuv Dutta, Dr Kirandeep Kaur, Dr Deepak Ganjigere) a reminder that competitive instincts survive even the longest scientific sessions.

The Gala dinner that followed blended networking with celebration.

Day 3: The ICU Perspective — and the Human One

The final day opened with VK award presentations honouring academic excellence, setting a tone of recognition and inspiration. Under the banner of the “Neuro-ICU Mindset,” discussions covered EEG interpretation, epidural blood patch techniques, donor optimization, immunomodulation in neuromuscular disorders, and the growing integration of robotics into critical care.



Day 2: Precision Over Protocol

Sessions on pediatric neurocritical care, TBI strategies, and pain assessment in neurologically compromised patients reinforced a growing theme: personalized care outperforms rigid protocols. The PBLDs were particularly lively, dissecting intraoperative motor-evoked potential losses, mid-craniotomy discomfort, and challenges of the sitting position. Functional neurosurgery and epilepsy management highlighted the dynamic interplay between advancing surgical techniques and anesthetic innovation.

Day 3: The ICU Perspective — and the Human One

The standout session titled “Burnout to Balance” shifted focus inward, addressing physician well-being and sustainable career design. The postgraduate symposium and refresher sessions tackled sodium disorders, osmotherapy debates, ventriculitis, and venous air embolism. A Multidisciplinary panel Discussion on Crisis management in the neuro OT was held. Communication, leadership, and structured checklists were highlighted as indispensable tools alongside pharmacology and monitors. The conference ended with the Convocation of the ISNACC PDF students and the Felicitations and Valedictory session for the winners of various competitions.



Beyond the Conference

As the valedictory ceremony concluded, ISNACC 2026 left behind more than conference badges and presentation slides. It demonstrated a specialty in transition — moving from reactive care to predictive precision, from monitoring to modulation, and from survival metrics to quality-of-life outcomes. Artificial intelligence, simulation, robotics, and ethics were not presented as futuristic accessories but as evolving tools that demand thoughtful integration. The central takeaway echoed throughout the meeting: technology may advance rapidly, but wisdom must guide its use. ISNACC 2026 was not merely an academic gathering; it was a statement about where neuroanaesthesia is headed and how it intends to get there responsibly.

B. ISNACC e-Education Committee Report



Gyaninder Pal Singh, MD, DM
AIIMS, New Delhi
ISNACC e-Education Committee Chair

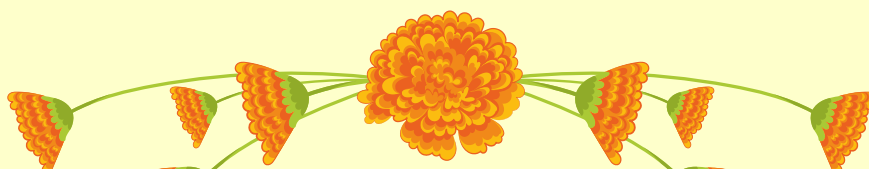
The ISNACC e-Education series has continued to deliver comprehensive and engaging academic sessions, encompassing diverse and clinically relevant topics in neuroanaesthesia and neurocritical care. The series consistently showcased a rich academic program addressing key challenges and advances, with a strong emphasis on practical, case-based learning.

The year 2026 commenced with renewed enthusiasm, beginning with a case discussion held on 16 Jan 2026. This session on ***anaesthetic management of atlantoaxial dislocation for occipitocervical fusion*** highlighted airway challenges, positioning risks, and the importance of neuromonitoring-compatible anesthesia techniques. The case was presented by Dr. Archana Gautam, with insightful discussions by Dr. Madhusudan Reddy and Dr. Ashish Chakravarty, and efficient coordination by Dr. Karen Lionel.

On 6 February 2026, the journal club on a recently published Delphi study- ***Perioperative management of patients on chronic aspirin therapy for elective brain surgery***, provided valuable insights into balancing thrombotic versus bleeding risks, with practical guidance on perioperative continuation versus cessation strategies in elective neurosurgery. The study was presented by Dr Nimisha Thakur and critically appraised by Dr Shwetal Goraksha. Dr Deep Sengupta was the coordinator for this session.

The webinar held on 13 February 2026 focused on ***"Biomechanics of atlantoaxial instability" and "Postoperative and long-term Care of an AAD Patient"***. A notable highlight was the discussion on spinal stability concepts and their direct implications for anaesthetic planning and postoperative outcomes, bridging surgical biomechanics with perioperative care. The topics were presented by Dr Ashish Chakravarty and Dr Sharon Edmund, moderated by Dr Hemangi Karnik and Dr Parthasarathi Goswami, and coordinated by Dr Sweetha S Mohan.

The session on 20 February 2026 addressed the ***anaesthetic management of a child with congenital hydrocephalus***. The case was presented by Dr Shanmugappriya A, moderated by Dr Keshav Goyal and Dr Jayanth R Seshan, and coordinated by Dr Ravindra Sisodia. The anaesthetic implications in a child with congenital hydrocephalus were discussed emphasizing difficult airway preparedness, intracranial pressure and perioperative hemodynamic management at various steps, fluid balance in paediatric patients and postoperative care.



B. ISNACC e-Education Committee Report

On 6 March 2026, the focus of discussion was on stroke management. The topics discussed were the **“Anaesthesia for neurovascular interventions in acute ischemic stroke” and “Anaesthetic considerations in a patient with stroke for decompressive surgeries.”** Important aspects and latest updates on anaesthetic management for neurovascular intervention, as well as decompressive surgeries for stroke patients, including time-sensitive decision-making, haemodynamic optimisation, and the evolving debate between general anaesthesia and conscious sedation in stroke interventions were highlighted. Dr Neha Sharma, Dr Amiya Kumar Barik, Dr Ajay Prasad Hrish, Dr Manish Marda and Dr Sapna Suresh conducted this session.

The most recent session on 27 March 2026 covered **ultrasonography of the diaphragm and paediatric intraoperative nerve monitoring (IONM).** Highlights included the emerging role of point-of-care ultrasound in assessing diaphragmatic function and the anaesthetic considerations required to preserve neuromonitoring signals in paediatric patients, reflecting the growing integration of technology into neuroanaesthesia practice.

The sessions conducted during the first quarter of 2026 witnessed active participation from ISNACC members nationwide, underscoring the society’s strong academic spirit and dedication to evidence-based practice. The e-Education team welcomes continued engagement and constructive suggestions from members to further enrich future academic endeavours.



Acute Neuro Care Course- Bengaluru

The Department of Neuroanaesthesia and Neurocritical Care, Ramaiah Medical College & Hospitals, successfully organized “Acute Neuro Care 2026” on 6th and 7th March 2026 at the Auditorium, Ramaiah Memorial Hospital.

Held under the aegis of the Neurocritical Care Society of India (NCSI) and the Indian Society of Neuroanaesthesiology & Critical Care (ISNACC), the two-day academic program brought together experts, clinicians, and trainees for focused discussions on the management of acute neurological emergencies.

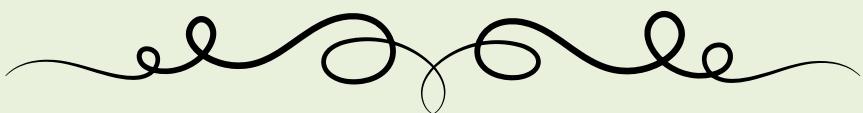
The event featured interactive sessions by distinguished faculty from the fields of neuroanaesthesia, neurology, neurosurgery, and critical care. The deliberations highlighted guideline-based and resource-sensitive approaches to the management of acute brain conditions during the golden hour. One of the key attractions of the program was the skill stations, where participants engaged in case scenario-based learning on acute neurosurgical and neuromedical conditions.

The conference witnessed enthusiastic participation from faculty members, postgraduate students, and healthcare professionals from various institutions. It served as a vibrant platform for academic exchange, professional networking, and hands-on learning, especially for trainees seeking to strengthen their understanding of current Code Brain practices.

The successful conduct of Acute Neuro Care 2026 reflects the department’s ongoing commitment to academic excellence, clinical advancement, and strengthening expertise in neurocritical care, ultimately contributing to better patient care and outcomes.



**Geetha L, MD
Ramaiah Memorial Hospital,
Bangaluru**



Acute Neuro Care Course- Nashik

The “Emergency Neurocare – A Comprehensive Acute Neurocare Workshop” was successfully conducted during “16th Annual Conference of MIDWEST CHAPTER OF NEUROLOGICAL SURGEONS (MCNS)- 2026 Nashik” as a one-day pre-conference workshop on 20th February 2026, from 10 am to 5.30 pm, at Dr. Vasant Rao Pawar Medical College Hospital & Research Centre, Nashik.



**Rohini Surve, MD, DM
Bengaluru**

The workshop was organized by the “Midwest Chapter of Neurological Surgeons” in association with Dr. Vasant Rao Pawar Hospital and Research Centre and was endorsed by the “Neurocritical Care Society of India” and the “Indian Society of Neuroanaesthesiology and Neurocritical Care”.

The organising secretary of the MCNS-2026 was Dr. Sanjeev Desai and the Convenor for the Comprehensive Acute Neurocare workshop/course was Dr. Rajshree Deopujari with Dr. Manisha Katikar as the Course Co-ordinator and Dr. Rohini M Surve as a Course Director.

The program focused on the rapid assessment and acute management of the most frequent neurosurgical and neurological crises.

It provided an academic platform for interactive learning, discussion, and sharing of knowledge from the specialists in the field with the delegates involved in dealing with the acute neurological emergencies.

A total of 15 faculty members from across India contributed to the workshop, sharing their knowledge and clinical experience. Additionally, 10 faculty members from the Department of Anaesthesia, Dr. Vasant Rao Pawar Medical College, actively participated in the academic sessions.

The course covered various neurological emergencies through 11 talks and seven workstations which also included radiological basics, airway management and POCUS.

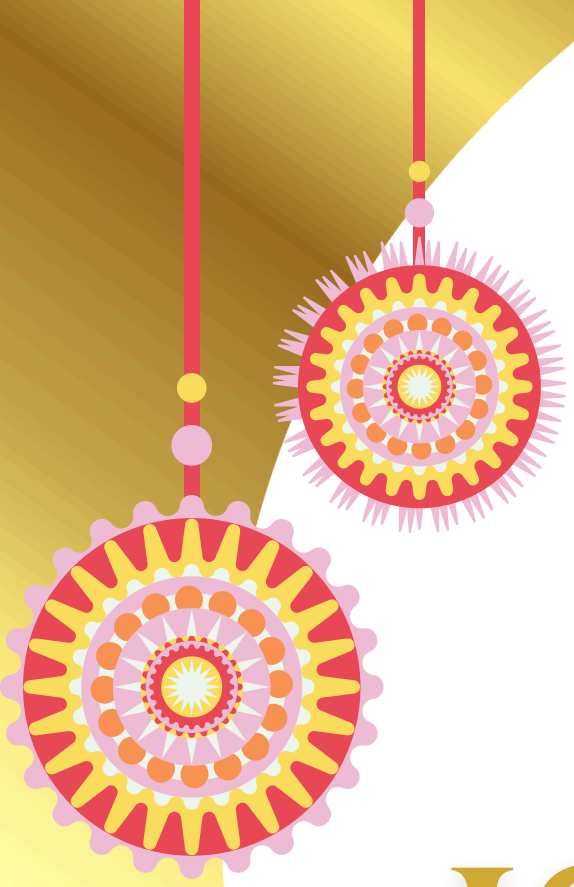
Acute Neuro Care Course- Nashik



The workshop witnessed enthusiastic participation with 27 practicing anaesthesiologists attending as delegates, along with 16 junior residents. The active involvement of faculty members, delegates, and residents contributed significantly to the success of the workshop and to the advancement of knowledge in Emergency Neuro-care.

The organisers express their sincere gratitude to the endorsing bodies, "NCSI" and "ISNACC", for organising and supporting this important academic event.





ISNACC AWARDS

***Distinguished
Professional Award
Dr Joseph Monteiro, Mumbai***

***President's appreciation
Award***

Dr Sangeetha RP, Bengaluru

***JNACC Best reviewer
Award***

Dr Mathangi K, Bengaluru

Dr Georgene Singh, Vellore

Dr Niraj Kumar, New Delhi

Dr Suparna Bharadwaj, Bengaluru

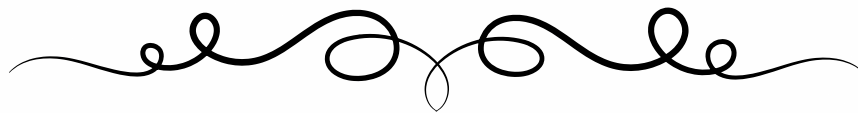
Dr Jayanth Seshan, Puducherry



**OTHER AWARDS
AND
Achievements
OF
ISNACC
MEMBERS**

Dr Rajasekhar R,
JIPMER, Puducherry

First Prize in Free Paper Presentation
at the International World SIVA
(Society for Intravenous Anaesthesia)
Congress, July 2025.



Dr Amiya K Barik,
*Associate Professor, Anesthesia and
Intensive Care,
PGIMER, Chandigarh*

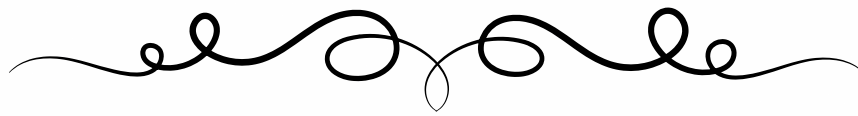
Best Faculty Paper at 21st NZ-
ISACON 2026, Pt. B.D. Sharma
PGIMS Rohtak



Dr Joseph N Monteiro

PD Hinduja Hospital &
Medical Research
Centre, Mumbai

Catholic Medical Guild of St.Luke
Contribution and Commitment to
Service, February 2026

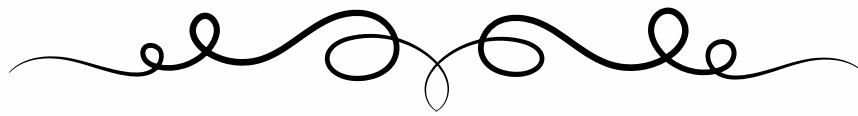


Dr Sri Hari Vignesh R,
Senior Resident,
Neuroanesthesia and Neurocritical
care, JIPMER, Pondicherry

First place in Research studies, E
oral paper presentation, in Best of
Anesthesiology, Annual meeting
by the American Society of
Anesthesiologists.

Dr Narendra Kalaria
PGIMER, Chandigarh

First prize in research paper
presentation in Basudeo-Kaushalya
National Award (Neuro Anaesthesia)
during RSACPCON 2026



Dr Sampath S
Senior Resident,
Neuroanesthesia and Neurocritical
Care
GIPMER, New Delhi
Third place in paper presentation,
in DNACON 2026

Consultant Category:

1. Dr. Jayanth – JIPMER
2. Dr. Basavakiran – Kasturba Medical College, Manipal

Dr. V. K. Grover Award:

1. Dr. Pooja Santhosh – PGIMER
2. Dr. Prudvi Raj – PGIMER
3. Dr. Soumyasri – NIMHANS
Dr. Sravan Sreekumar – SCTIMST

Free Paper:

1. Dr. Dhanalakshmi – NIMHANS
 2. Dr. Bhargavi – CMC Vellore
 3. Dr. Akhil – AIIMS Delhi
- Dr. Nupur – GB Pant

E-Poster:

1. Dr. Thomas Francis – NIMHANS
2. Dr. Ivy George – NIMHANS
3. Dr. Indu Singh – Manipal, Bangalore

JR QUIZ:

1. Dr Anik Goel
2. Dr Shashank
3. Dr Aishwarya

Free Paper : JR Neuro

1. Dr. Sharmila
2. Dr. Om Upadhyay

Free Paper : JR Non Neuro

1. Dr. Pranoti
2. Dr. Shweta

E-Poster JR Neuro

1. Dr. Lakshay Rana
2. Dr. Anik Goel

E-Poster JR Non Neuro

1. Dr. Pradyuman
2. Dr. Lasyapriya





*Residents
Achieved Training
Milestone*



NIMHANS, Bengaluru DM Neuro Anaesthesia and Neurocritical care



JANARDHANAN D



JUNAID K

AIIMS, Bhopal DM Neuro Anaesthesia and Critical care



**Rhea
Thotungal**



Residents Achieved Training Milestone

AIIMS, New Delhi
DM Neuro-anaesthesiology and Neuro
Critical care



Mohamed Salih



Jharana Mohanta



Gulshan Kumar



Amiy Verma



Namita Malhotra



Chetna Goel
PDF Neurocritical Care

**Sree Chitra Tirunal Institute for Medical
Sciences and Technology,
Thiruvananthapuram
DM Neuroanesthesia**



Praveen RS



Sreeja R



**AIIMS Rishikesh
DM Neuroanaesthesiology
and Critical Care**



ADITYA RAJ YADAV

**CMC Vellore
DM Neuroanaesthesia**



MAHESH KUMAR



Residents Achieved Training Milestone

JIPMER, Puducherry DM Neuroanaesthesia & Neurocritical Care



Rajasekar R

GB Pant, New Delhi DM Neuroanaesthesia



Amardeep Singh



Madhuri Garg



Melvin Kninen
Apollo Hospitals Jubilee Hills
Hyderabad



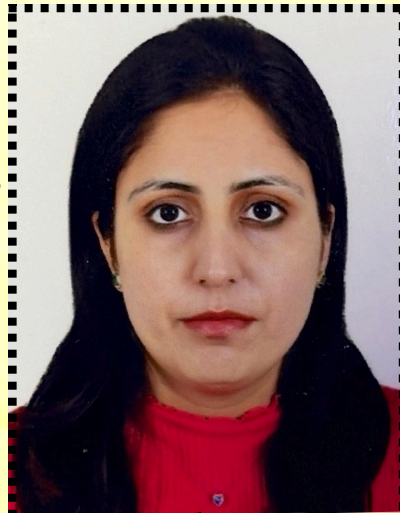
Kavita Yadav
Indraprastha Apollo Hospital,
New Delhi



Eman Aftab
SKIMS, Soura, Srinagar



V. Sai Krupa
Gleneagles Health City, Chennai



Ruby
Indraprastha Apollo Hospital,
New Delhi



Joslita Rebello
PD Hinduja Hospital, Mumbai



Zoya Sehar
SKIMS, Soura, Srinagar



Prathap Gunasekara
Gleneagles Health City, Chennai

**PDF- NA EXIT EXAMS
JANUARY 2026**

NAME OF THE CANDIDATE	INSTITUTE
Dr. Vanchula Srinivasan	Kauvery Hospital, Chennai
Dr. Sandeep R	Kauvery Hospital, Chennai
Dr. Debajyoti Datta	Institute of Neurosciences, Kolkata
Dr. Rupinder Shergill	Institute of Neurosciences, Kolkata
Dr. Namita Yadav	H N Reliance Foundation Hospital and Research Centre, Mumbai
Dr. Sujith Chickjajur Raju	Aster Whitefield, Bengaluru
Dr. Kotlo Rukmini Seshadri	Aster Whitefield, Bengaluru
Dr. Pragya Sharma	Artemis, Gurugram
Dr. Arpit Gupta	Artemis, Gurugram
Dr. Manish Gupta	FMRI, Gurugram
Dr. Debolina Mallick Roy	FMRI, Gurugram
Dr. Ajith Joseph Alex	Aster Medcity, Kochi
Dr. Monapara Krishna Sureshbhai	Kokilabein Dirubhai Ambani, Mumbai

Best Outgoing Student



**Pragya Sharma
Artemis, Gurugram**

**PDF- NCC EXIT EXAMS
JANUARY 2026**

NAME OF THE CANDIDATE	INSTITUTE
Dr. Arun Gowda Keelara	St John's hospital, Bengaluru
Dr. Kavita Singh	Institute of Neurosciences, Kolkata
Dr. Akanshka Sharma	Artemis, Gurugram
Dr. Nabin Krishna Yadav	Pantai Jerudong Specialist Centre, Brunei

And the Answers Are...

**Solutions for the Researcher's Riddle grid puzzle 9
published in the previous issue (December 2025)**

Across

3. Type I error
4. Confounding variable
5. Replication
8. Sensitivity
10. Meta-analysis
11. Study protocol
12. Qualitative research
13. Longitudinal study
15. Informed consent
18. t-test
19. Bias
20. Convenience sampling

Down

1. Independent variable
2. Deductive reasoning
3. External validity
4. Abstract
5. Null hypothesis
6. Moderator variable
7. Regression analysis
8. Selection bias

Aha moments! *Congratulations!*

*Puzzle
winners*

Dr. RK Nivedita

**DM neuroanesthesia resident,
PGIMER, Chandigarh**

**Dr. Karma Ongmu Bhutia
DM Resident, AIIMS Delhi**

**Dr. Shereen Sultana
DM Resident, NIMHANS**

**Your ₹1,000 Amazon gift voucher will
reach you within 24 hours**





Missed it by minutes

**Correct entries received with marginal delay
are acknowledged with appreciation**

Rhea Thotungal, AIIMS Bhopal

Thomas Francis, NIMHANS Bengaluru

Stuti Bhamri, NIMHANS Bengaluru

Prudhvi Raj Veparala, PGIMER, Chandigarh

Ankita Madan, AIIMS Rishikesh

Shreosee Das, PGIMER, Chandigarh

Prathap G, Panimalar Medical College, Chennai

Bharti Chauhan, PGIMER Chandigarh

Kunal Kumar Sharma, Shimla



DETETHER THE NEUROKNOTS ISNACC PUZZLE 10

Theme: Cortex to Cord
A Neuroanatomy Puzzle

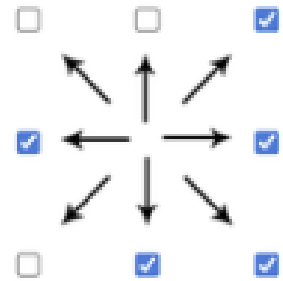


Sangeetha RP, MD, DM, EDAIC
Consultant, NIMHANS, Bengaluru



Decode the description!
Spot them on the answer grid!

R	O	N	O	I	T	J	A	N	H	S	S	Y	Y	E	R
V	E	I	N	O	F	T	R	O	L	A	R	D	E	T	O
E	U	I	E	G	T	L	D	H	G	L	S	S	E	N	E
I	T	E	L	S	C	A	H	O	A	R	C	I	E	L	O
N	T	P	I	N	E	A	L	G	L	A	N	D	G	R	F
O	Y	R	E	T	R	A	L	A	R	B	E	T	R	E	V
F	B	S	U	V	I	L	C	T	U	A	K	T	U	P	N
M	E	C	O	R	P	U	S	C	A	L	L	O	S	U	M
A	Z	X	Y	R	E	T	R	A	R	A	L	I	S	A	B
R	A	R	M	N	I	M	C	Q	S	P	R	H	P	I	T
K	I	N	F	B	H	W	A	O	O	M	T	E	E	R	H
O	N	C	H	A	R	C	O	T	S	A	R	T	E	R	Y
W	S	U	M	A	L	A	H	T	O	P	Y	H	D	I	D
S	U	X	E	L	P	D	I	O	R	O	H	C	C	L	A
K	L	S	H	U	N	B	R	O	C	A	S	A	R	E	A
I	A	V	A	I	D	O	Y	N	E	W	I	F	O	D	U



HINTS



1. Formed by rivers from both sides' merge, I stride along the brainstem's surge.

Pons and cerebellum drink from me, Yet compromise may make life flee.
My tip divides, a fork so wise, Creating twins that reach the skies. Who am I?

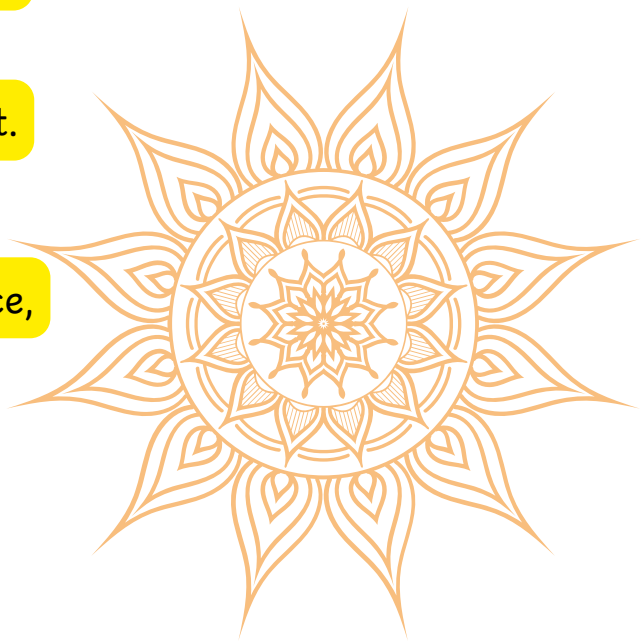
2. I do not fear flexion, but rotation tests me,
Osteophytes may trap me,
My injury steals balance and sight,
I nourish the brainstem by day and by night.
Who am I?

3. I drain the embryonic forebrain with grace,
Meant to vanish as Galen takes my place,
Persist I may, wrongly named yet famed,
In newborn hearts, my shunts are blamed.
Who am I?

4. Hidden deep, yet not unseen,
I lie beneath opercula's screen,
Taste, pain, and feelings I translate,
A cortex island in Sylvian's gate.
Who am I?

5. Formed by sphenoid and occipital bone,
A sloping base where the pons makes home,
Chordomas love me, surgeons fear my depth.
What structure am I?

6. Small and midline, hidden deep,
Between two thalami I sleep,
Called the third eye by sages old,
I turn night's silence into gold. Who am I?



HINTS



7. Two minds share one skull and one view,
I bind their thoughts and make them true,
Arching wide, white matter I am,
The brain's great bridge—who can I be?
Who am I?

8. A branch of MCA, thin and frail, Chronic pressure writes my tale,
Microaneurysms mark my name, Putaminal bleed—my clinical claim.
Which vessel am I?

9. Small in size but vast in command,
I link the nerve to the gland,
Hunger, thirst, heat, and sleep I rule,
The body's balance is my tool.
Who am I?

10. Expressive loss with effortful speech,
Nonfluent words just out of reach,
MCA superior branch seals my fate.
Which cortical area am I?

11. From superficial middle cerebral I start, To superior sagittal sinus I dart,
A lateral highway in the cortical plane.
Which vein am I?

12. sit within ventricles, folded and bright,
Making the fluid that keeps the brain light,
CSF flows because of my care,
A vascular tuft hidden there.
Who am I?

Send your answers to isnaccenews@gmail.com within a week.

Three winners will receive Amazon gift vouchers and be acknowledged in the next issue!

If >3 correct entries à the first 3 respondents will be announced as winners!

NEW MEMBERS

Name	Code
Dr Faheema J	LMJ-39
Dr Shraddha Bahulekar	LMB-96
Dr Medha VP	LMV-31
Dr Rudhra Jayachandran	LMJ-40
Dr Sreetama Sanyal	LMS-228
Dr Mohmed Muzeeb	LMM-105
Dr Kashish Khan	LMK-132
Dr Harshi Tripathi	LMT-28
Dr Varun Arora	LMA-52
Dr Neha Chauhan	LMC-52
Dr Shanmugappriya	LMA-53
Dr Tanushree Vijay	LMV-32
Dr Shuzam Raja	LMR-86
Dr Anjana Muraleedharan	LMM-106
Dr D Janardhanan	LMJ-41
Dr Rakesh T L	LMT-29
Dr Praveen M V	LMM-107
Dr Daryl Phils Joe	LMJ-42
Dr Anu Palamittam	LMP-111

ISNACC 2027



ISNACC 2027: 28th Annual Conference of the Indian Society of Neuroanesthesiology and Critical Care

Dear Colleagues and Friends,

*It gives us immense pleasure to welcome you to the 28th Annual Conference of the Indian Society of Neuroanaesthesiology and Critical Care (**ISNACC 2027**), to be held in the culturally rich and vibrant city of **Bhubaneswar, Odisha**.*

On behalf of the Organising Committee, we, Dr. Randhir Mitra and Dr. Bhagya Ranjan Jena, extend a warm and heartfelt invitation to all delegates, faculty, and participants from across the country and abroad. ISNACC 2027 promises to be a dynamic academic platform bringing together leading experts, emerging researchers, and enthusiastic learners in neuroanaesthesia and neurocritical care.

The scientific program has been thoughtfully curated to include state-of-the-art lectures, interactive panel discussions, hands-on workshops, and innovative session formats that reflect the evolving landscape of neuroscience and perioperative care. Our aim is to foster meaningful exchange of ideas, encourage collaborative research, and inspire excellence in clinical practice.

Beyond academics, Bhubaneswar offers a unique blend of heritage, spirituality, and modernity. We hope you will experience Odisha's architectural grandeur, cultural richness, and warm hospitality.

We look forward to welcoming you to ISNACC 2027 for an enriching academic and cultural experience.

Warm regards,

Dr Randhir Mitra

Dr Bhagya Ranjan Jena

Organising Committee

ISNACC 2027





Annual Meeting

6-8 May 2026

Location

Edinburgh – Scotland

Registration will open soon



Annual Meeting

September 10-12, 2026

Raleigh, North Carolina

SECRETARIAT

Department of Neuroanaesthesia & Neurocritical Care,
III Floor, Neurosciences Faculty Center
Behind Neuro Center, NIMHANS,
Bengaluru-560029, India
Tel: +91-80-2699-5415, 5830, 5418
Mobile: +91-9632589296, 9481445949



Email: isnaccsecretary@gmail.com

Website: www.isnacc.org



info@isnacc.org



e-Newsletter: isnaccenews@gmail.com

